

Standing Beef Rib Roast with Horseradish Cream

Prep: 15 minutes plus standing Roast: 2 hours · Serves: 10

Beef Rib Roast

- 2 tablespoons kosher salt
- 2 teaspoons finely chopped fresh thyme leaves
- 2 teaspoons garlic powder
- 2 teaspoons coarsely ground black pepper
- 1 (5 to 6 pound) standing beef rib roast, fat trimmed

Horseradish Cream

- ¹/₂ cup sour cream
- ¹/₂ cup horseradish
- ¹/₄ cup mayonnaise
- 1/2 teaspoon kosher salt
- 1/4 teaspoon ground black pepper

1. Prepare Beef Rib Roast: Preheat oven to 450°. In small bowl, combine salt, thyme, garlic powder and pepper. Coat all sides of beef roast with salt mixture.

2. Place beef roast, fat side up, in large roasting pan. Roast beef 20 minutes or until outside is browned. Reduce heat to 300°. Roast 1 hour 30 minutes to 1 hour 40 minutes longer or until internal temperature reaches 130° for medium-rare.

3. Meanwhile, prepare Horseradish Cream: In small bowl, whisk together all ingredients. Refrigerate until ready to serve.

4. Transfer beef to cutting board and let stand 15 minutes before slicing to let juices set.

Approximate nutritional values per serving: 630 Calories, 51g Fat (21g Saturated), 140mg Cholesterol, 879mg Sodium, 3g Carbohydrates, 1g Fiber, 36g Protein

Chef Tips

Roast beef an additional 10 to 15 minutes if medium to medium-well done meat is desired.

It's very important to allow the beef to rest before slicing to prevent the juices from running.